





san francisco locations

- one california 
- one market 
- 50 fremont 
- 142 2nd street 
- 221 montgomery  
- 275 battery 
- 301 howard 
- 315 california  
- 580 california  
- crocker galleria 
- metreon 
- sf shopping centre 
- stonestown galleria

peninsula locations

- burlingame (urban bistro) 
- east palo alto  
- sfo terminal 3 

east bay locations

- oakland city center 
- uc berkeley 

-  custom tossed salads and salad bar available
-  breakfast served

Let us cater your next meeting or event; we've got you covered from 5 to 5,000 people! Call us or visit our website for details. 415 593 SOUP (7687) www.sfsoupco.com



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signature soups reg | large | quart

organic smoky split pea **V L G D**

a hearty vegetarian organic green split pea soup with chunks of carrots and tomatoes and a hint of smoke from chipotle chiles

organic sw corn chowder **V L D S**

a delectable blend of roasted corn, red bell peppers and red skinned potatoes simmered with ancho, new mexico and chipotle chiles

organic tomato bisque **V G**

a velvety smooth organic tomato and cream soup

mexican chicken tortilla **L G D S**

a savory blend of grilled corn tortillas, oven-roasted tomatoes, red bell peppers, jalapenos, garlic, cilantro & basil loaded with chunks of grilled chicken

new england clam chowder

a traditional recipe with north atlantic clams, cream, red potatoes, celery and bacon

grandma mary's chicken soup **L D**

a flavorful, soothing broth full of chunks of hand pulled chicken, parsnips, carrots, celery and egg noodles finished with fresh dill. just like grandma mary used to make it

turkey chili **G D S**

a thick chili made with ground turkey, tomatoes, red bell peppers and kidney beans, simmered with chiles & garlic

chilled gazpacho (seasonal) **V L G D S**

a zesty and refreshing chilled puree of fresh garden vegetables, including tomatoes, cucumbers, green onions, and sweet red & green bell peppers

V VEGETARIAN G GLUTEN-FREE D DAIRY-FREE
L LOW FAT S SPICY

*try any of our soups served in a fresh
sourdough breadbowl (+)

*all soup is served with a hunk of sourdough!

custom tossed salads

grilled chicken chipotle **G S**

organic greens, grilled chicken breast, roasted corn, jicama, black beans, cherry tomatoes, avocado, cheddar cheese and blue corn tortilla chips with creamy chipotle dressing

rainbow **V G**

organic romaine, cabbage, roasted corn, roasted beets, candied walnuts, shredded carrots and crumbled blue cheese with champagne vinaigrette

spicy thai peanut chicken **G D S**

organic romaine, grilled chicken breast, carrots, cucumbers, tomatoes, cabbage, red bell peppers, cilantro, mint, scallions and crunchy peanuts with our own spicy thai peanut dressing

grilled chicken cobb **G**

organic romaine, crumbled bacon, grilled chicken breast, hard boiled cage-free egg, avocado, cherry tomatoes and crumbled blue cheese with balsamic vinaigrette

asian chicken **D**

organic mixed greens, grilled chicken breast, shredded carrots, edamame, cabbage and crispy wonton strips with miso sesame dressing

cabo chicken **G D**

organic romaine lettuce, avocado, grilled chicken breast, red bell peppers, roasted corn, organic blue corn tortilla chips, cabbage, toasted pumpkin seeds & fresh cilantro

grilled chicken caesar

organic romaine lettuce, grilled chicken breast, parmesan croutons and shredded parmesan with classic caesar dressing

greek **V**

organic romaine, roasted red peppers, marinated artichoke hearts, kalamata olives, english cucumber, feta cheese and croutons with balsamic vinaigrette

*all salads can be made gluten-free, vegetarian and dairy-free!

[salads available at select locations]

half sandwiches

grilled chicken ciabatta

grilled chicken and jack cheese with a sweet & spicy red pepper spread, basil aioli, romaine and tomato

turkey pesto

roasted turkey, basil pesto, romaine, tomato and mayo on focaccia

roast beef & havarti

with romaine, tomato and mayo on dutch crunch

tuna salad

with english cucumbers & greens on a whole wheat roll

roasted turkey & jack

with romaine, avocado spread and tomato on sourdough

hummus wrap

with roasted red peppers, kalamata olives, romaine and english cucumber on lavash

egg salad

our own secret recipe on 9-grain bread

california veggie cheddar

cheddar, avocado spread, organic spinach, sprouts, english cucumber & tomatoes on a whole wheat roll

side salads

classic caesar

crisp organic romaine, parmesan croutons, with shredded parmesan cheese and classic caesar dressing

mixed greens

organic mixed greens, carrots & cherry tomatoes served with balsamic vinaigrette

spinach & mushroom

organic baby spinach, chopped cage-free egg, crumbled bacon with balsamic vinaigrette

fruit salad

an assortment of seasonal fresh fruit

combo meals

add a side salad to any soup
add a half sandwich to any soup

breakfast

organic steel cut oatmeal

with brown sugar, granola and raisins

frittata sandwich

made with cage-free eggs and served on a thomas' english muffin, with or without cheese

bacon/ham & cheese frittata

made with cage-free eggs, cheddar cheese and your choice of bacon or ham, on a thomas' english muffin

low fat vanilla yogurt parfait

fresh fruit cup

bagel with butter or cream cheese

assorted pastries, muffins or scones

granola cereal

fresh fruit

hardboiled cage-free egg

don't forget

chips, cookies, brownies, cupcakes,
juice, coffee, tea, bottled beverages
and more!

create your own salad! includes 4 toppings. additional toppings are extra [salads available at select locations]

greens organic mixed greens, organic romaine or organic spinach **toppings** artichoke hearts, black beans, blue corn tortilla chips, cabbage, carrots, cilantro, cherry tomatoes, roasted corn, croutons, cucumber, cranberries, wontons, edamame, green onions, jicama, kalamata olives, roasted beets, roasted red peppers, mushrooms, bacon, candied walnuts, hard boiled egg, blue cheese, cheddar cheese, feta, goat cheese, avocado (+), chicken breast (+), organic tofu (+), tuna salad (+), turkey (+)
dressings balsamic vinaigrette, champagne vinaigrette, low fat vinaigrette, ranch, low fat ranch, blue cheese, creamy chipotle, caesar, miso sesame, spicy thai peanut

check out www.sfsoupco.com daily, for a list of which delicious specialty soups we'll be serving:

Thai Red Curry Chicken Albondigas BBQ Pork & Black Eyed Peas Soup Black Bean Chili Broccoli Cheddar Burgundy Chicken Caribbean Sweet Potato
Chicken Pot Pie Soup Chicken Pozole Chicken Shitake Bok Choy Chicken Tikka Masala Chicken with Wild Rice & Mushrooms Chili Verde
Chilled Avocado & Cucumber Cream of Exotic Mushroom Creole Crab & Corn Curried Butternut Squash Green Chile Chicken Chowder Louisiana Gumbo
Grilled Chicken & Roasted Corn Chowder Grilled Chicken Arrabiatta Indian Mulligatawny Italian Wedding Soup Jamaican Jerk Chicken Soup
Mediterranean Lentil Stew with Spinach Minestrone Organic Savory Lentil Roasted Pumpkin Soup Split Pea with Ham Steakhouse Chili